

Parental Guidance. Building Effective Revision Habits.

The Power of Habits:

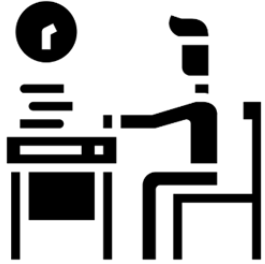
Habits are incredibly powerful in helping us to succeed. If you think about the greatest sports people, it is their habits of training and preparation which sets them apart from all others who want to achieve gold. This is the same with revision. If you have the mind-set of wanting to be a better student and build the habits to become the person you want, the results will follow.

Habit 2: "Make it Easy"





Habit 2-“Make it Easy”



1: Start small. 45 minutes revision per night and build it up over time.
Can you help with quizzing or testing using their flash cards or revision notes?

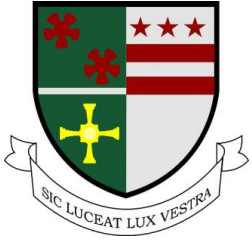


2: Reduce distractions.
Take away mobile phones and access to social media whilst revising.



3: Have you created a revision contract or timetable with your children?
Make it easy by adding some incentives or rewards.

Shared Revision Folder
LINK [HERE](#)



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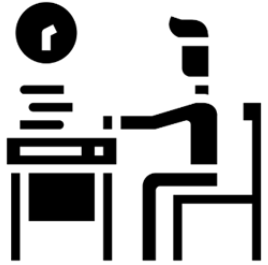
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Habit 1: “Make it Obvious”





Habit 1-“Make it Obvious”



1: Set up a dedicated revision space and organise their revision materials.

Have a revision contract/timetable.



2: Take away mobile phones and access to social media whilst revising.



3: Check students can log on to GCSE Pod and ask them to show you how it works!

Build in 30 minute GCSE Pod revision slots across the week.

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